



Poké
BAR

MENU

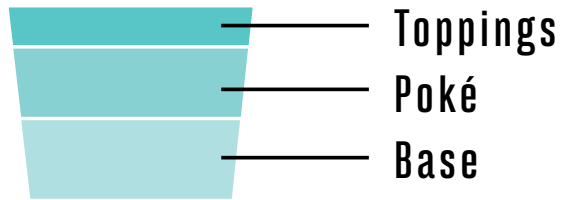
604-559-POKE (7653)

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BUILD YOUR OWN BOWL

Anatomy of a Poké Bowl



STEP 1 CHOOSE YOUR SIZE

- SMALL**  1 scoop + 3 toppings
- MEDIUM**  2 scoops + 5 toppings
- LARGE**  3 scoops + unlimited toppings

STEP 2

CHOOSE YOUR BASE

Mix & match no additional charge

White Rice Quinoa Salad

STEP 3

CHOOSE YOUR POKÉ

Mix & match charged by higher priced poké

Salmon Tako (Octopus)
Albacore Tuna Tofu
Ahi Tuna Daily Feature

ALOHA! Not sure where to start?

Let us tell show you the Hawaiian way!

STEP 4

CHOOSE YOUR FREE TOPPINGS

Furikake	White Onion	Wakame
Pickled Ginger	Green Onion	Fried Garlic
Seaweed Flakes	Cucumber	Corn
Sesame Seeds	Pineapple	Kimchi
Edamame	Fried Onion	Imitation Crab

STEP 5

ADD PREMIUM TOPPINGS

Avocado Mango Masago Tobiko

STEP 6

FINISH WITH A DRINK

Finish off with a soda, try our Vietnamese drip coffee, or selection of refreshing iced teas!

SIGNATURE BOWLS

1 SHOYU A GOOD TIME

Ahi Tuna, Poké Bar Shoyu sauce, green onion, white onion, seaweed flakes, edamame, avocado, fried onion, rice

2 TOONA SPICY

Albacore Tuna, Poké Bar hot sauce, sesame oil, Poké Bar Shoyu sauce, sesame seeds, green onion, sea weed, pickled ginger, wakame, kimchi, rice

3 MAYO SPICE ME UP

Ahi Tuna, Poké Bar spicy mayo sauce, tobiko, green onion, sweet onion, sesame seeds, seaweed flakes, fried onion, rice

4 CALIFORNIA DREAMIN'

Salmon, artificial crab, Poké Bar mayo shoyu sauce, cucumber, avocado, masago, sesame seeds, rice

Option to mix or replace base at no extra charge.

5 PONZU PARTY *Gluten Free Option*

Albacore Tuna, Poké Bar ponzu lime sauce, sesame seeds, green onion, pickled radish, white onion, mango, fried garlic, rice

6 NO SWIMMIN' *Vegetarian Option*

Tofu, Poké Bar Shoyu sauce, green onion, avocado, edamame, sea weed flakes, cucumber, fried garlic, rice